| ASSESSING OUR RISKS – Christchurch Rowing Club                                                       |                                                                                           |                           |                                                                                                                                                                                                                                                   |                               |          |                     | Risk Assmt. Ref: 005                                                         |                                                   |                    |                                      |                               |
|------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|----------|---------------------|------------------------------------------------------------------------------|---------------------------------------------------|--------------------|--------------------------------------|-------------------------------|
| Site: Christchurch Rowing Club                                                                       |                                                                                           |                           |                                                                                                                                                                                                                                                   |                               |          |                     | Minor<br>injury                                                              | Lost<br>time/<br>III Health                       | Major /<br>>3 days | Perm.<br>Disability                  | Fatal/<br>Site Loss           |
| Task/Activity/Area: On Water Training – Clubhouse to Old Iford Bridge                                |                                                                                           |                           |                                                                                                                                                                                                                                                   |                               |          | ,                   | 1                                                                            | 2                                                 | 3                  | 4                                    | 5                             |
| Notes                                                                                                |                                                                                           |                           |                                                                                                                                                                                                                                                   | Unlikely                      | <b>'</b> | 2                   | 4                                                                            | 6                                                 | 8                  | 10                                   |                               |
| RA Team: M. Green Date of RA: Review Da                                                              |                                                                                           |                           |                                                                                                                                                                                                                                                   | Review Date:<br>23 April 2019 | Possible | е                   | 3                                                                            | 6                                                 | 9                  | 12                                   | 15                            |
| People at risk: (e.g., Visitors, club members, members of the public, anglers and other water users) |                                                                                           |                           |                                                                                                                                                                                                                                                   | Probabl                       | le       | 4                   | 8                                                                            | 12                                                | 16                 | 20                                   |                               |
| Club Capta                                                                                           | Club Captain (Print Name): James Erwin Signature:                                         |                           |                                                                                                                                                                                                                                                   |                               | Certain  |                     | 5                                                                            | 10                                                | 15                 | 20                                   | 25                            |
| Ref No. or<br>Task-Step                                                                              | Hazards identified or clear Injury causes, highlighting risks                             | Score -<br>No<br>controls | Controls/Procedures/Key Behaviours (existing controls, information, training etc)                                                                                                                                                                 |                               |          | Scor<br>Post<br>Con |                                                                              | F                                                 |                    | Action<br>Priority<br>(H/M/L)        |                               |
| 1                                                                                                    | Lifting and Moving Boat to and from the Water Backs, Feet, Fingers, Slips trips and falls | 6                         | a. Ensure floor area is free from oils and water b. Ensure tools and riggers are clear of walk ways c. Boats are not to be placed outside the book house doors, unless for washing d. Boats and equipment are to be kept clear or public walk way |                               |          | 4                   | Club captain, coaches cox and crew to ensure boat house is clean and tidy  2 |                                                   | e boat             |                                      |                               |
| 2                                                                                                    | Boat Safety<br>Injuries to other crews, Boat sinking,<br>Drowning, Trapped feet           | 6                         | a. Ensure heel restraints are fitted to British Rowing guidelines b. Ensure bow ball is fitted c. Ensure hatch covers and buoyancy devices are in place d. Ensure boats are clearly marked as unserviceable if they can not be repaired           |                               |          | 2                   | 2                                                                            | ensure by prior to confaults for reported Boatmar | und are to         | checked<br>d that any<br>be<br>ure a |                               |
| Ref No. or<br>Task-Step                                                                              | Hazards identified or clear Injury causes, highlighting risks                             | Score -<br>No<br>controls | Controls/Procedures/Key Behaviours (existing controls, information, training etc)                                                                                                                                                                 |                               |          | Scor<br>Post<br>Con | t                                                                            | Further                                           | action re          | quired                               | Action<br>Priority<br>(H/M/L) |

| 3 | On the Water Training Hot and cold injuries, Dehydration, Drowning        | 9  | a. Crews are to book their outings and estimated time of return on the board b. Coaches, cox and crew are to ensure suitable clothing is worn c. Coaches, cox and crew are to ensure suitable drinks are available d. Cox and coach is to ensure that they are wearing a life jackets e. Coaches, cox and crew are to ensure they have a change of warm clothing on return to the boat house                                                           | 2 | Coaches, crews and cox are to carry out their own risk assessment prior to boating                                                                                                                                                 |   |
|---|---------------------------------------------------------------------------|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| 4 | Weather Hot and cold injuries, Dehydration, Drowning, Damage to equipment | 15 | a. No crews are to go onto the water in extreme weather conditions (high winds, freezing temperatures, fast flowing/flood water, thunder and lightening etc)                                                                                                                                                                                                                                                                                           | 6 | Coaches are to carry out a risk assessment If safety rep is there he should be consulted                                                                                                                                           | н |
| 5 | Capsize<br>Cold injuries, Drowning, Trapped feet                          | 15 | a. All sculling members are to have completed a capsize drill b. All rowing crews are to have completed a swim test c. Crews are to ensure that all boat fittings and equipment are serviceable d. Crew are to stay with the boat and make their way to shore or wait for the safety boat e. Coxes are to ensure that they have checked their life jackets prior to getting afloat f. All capsizes to be reported to British Rowing Incident Reporting | 6 | Coaches are to check that crews have completed swim test and capsize drills. Water Safety Advisor to ensure PDFs and life jackets are checked on a 3 monthly basis and recorded. Coaches and crews are to be aware of non-swimmers | Н |

| Ref No. o<br>Task-Ste |                                                            | Score -<br>No<br>controls | Controls/Procedures/Key Behaviours (existing controls, information, training etc)                                                                                                                                                                              | Score -<br>Post<br>Controls | Further action required                                                                        | Action<br>Priority<br>(H/M/L) |
|-----------------------|------------------------------------------------------------|---------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------------------------------------------------------------------------------------|-------------------------------|
| 6                     | Other Water Users  Damage to equipment, Injuries to people | 9                         | a. Coxes and steersmen are to keep a lookout at all times b. Coxes and steersmen are to keep to the correct side of the river. le right hand / starboard side. c. Coaches, crews, coxes and scullers to give priority to the Wick Ferry as it journeys between | 2                           | Any incidents are to be reported on return to the boathouse log upon return to the boat house. | M                             |

|            |                                                                                |                | river bank d. Coaches, crews, coxes and scullers to be aware of the manoeuvring. Tuckton Riverside ferries at Tuckton Tea Gardens. e. Coaches, crews, coxes and scullers going up stream between Tuckton Tea Gardens and Tuckton Bridge be prepared to give way to boats coming downstream                                             |                  | Collisions to be reported on<br>the British Rowing Water<br>Safety Incident Reports                                             | Н                   |
|------------|--------------------------------------------------------------------------------|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------------|
|            | Other Hazards Fixed objects, Bridge, Pontoons,                                 |                | a. Ensure awareness of the CRC Safety Plan, section 3,8 Local Hazzards, in particular paragraph 3.8.1 Upstream of the Club. b. Coaches, crews, coxes and sculls to be aware of and take avoidance action of all objects (considered fixed). c. Crews, coxes and scullers are to only use the single wide arch of Tuckton Bridge on the |                  | Coaches to liaise with Club colleagues about changes to, or new hazards.                                                        | L                   |
| 7          | Overhanging trees, River weed (summer only) Anglers (on bank, in boat)         | 9              | Christchurch bank. d. Crews, coxes and scullers when proceeding downstream should steer appropriately at the 3 sharp bends i.e. Beaulieu Gardens, Railway Bridge and Iford Old Waterworks e. Coaches to access state of tide, water level and river weed prior to going upstream above the railway bridge.                             | 3                |                                                                                                                                 | M                   |
| 8          | Boats being swamped Cold injuries, trapped feet, drowning, damage to equipment | 6              | <ul> <li>a. Coxes, crews and scullers are alert to wash of speeding powered craft.</li> <li>b. Coaches to be aware of the effect of their launch wash on other water users. Note areas of 4 knot speed limits.</li> <li>c. All Club launches and safety boats to carry designated first aid and safety equipment.</li> </ul>           | 2                | Coaches and Water Safety<br>Advisor to ensure safety<br>bags are regularly checked<br>i.e. comply with RA: 003<br>paragraph 05. |                     |
| Ref No. or | Hazards identified or clear Injury                                             | Score -        | Controls/Procedures/Key Behaviours                                                                                                                                                                                                                                                                                                     | Score -          | Further action required                                                                                                         | Action              |
| Task-Step  | causes, highlighting risks                                                     | No<br>controls | (existing controls, information, training etc)                                                                                                                                                                                                                                                                                         | Post<br>Controls | i dittiei action required                                                                                                       | Priority<br>(H/M/L) |
| 9          | Hypothermia<br>Death                                                           | 15             | <ul> <li>a. Crews, coxes, scullers and coaches to ensure they are appropriately dressed for the prevailing weather conditions.</li> <li>b. Crews, coxes, scullers and coaches to understand and carry out any required emergency action.</li> </ul>                                                                                    | 6                | Coaches and coxes where possible, to complete a certified First Aid Course.                                                     | L                   |

| 10 | Water-borne Infectious Diseases<br>Weil's Disease, Blue – Green Algae,<br>Gastro-intestinal illnesses, Hepatitis A | 15 | a. Coaches, crews and scullers to ensure awareness of any river pollution issues announced by either Environmental Agency or Wessex Water e.g. flooding times. b. Any crew member, cox or sculler with any body cuts or skin abrasions should ensure adequately covered with waterproof dressing / plaster. c. Crew members coxes and scullers should not drink river water, only bottled. d. Coaches to ensure Club riverbank is free of animal faeces. | 5 | Coaches, crew members, coxes and scullers to be knowledgeable of symptoms arising from any of the named diseases. | L |  |
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## Comments: 1.

- 1. All coaches, crews and scullers must comply with British Rowing Row Safe minimum standards
- 2. All coaches, crews and scullers must comply with local rules of navigation (see Safety notice board & Safety Plan
- 3. All accidents, incidents and capsizes must be reported to British Rowing On-Line incidents (www.britishrowing.org.watersafety)
- 4. Club coaches must be able to dynamically risk assess each outing
- 5. Club coaches to be aware of the limited number of beaching points on this stretch of water i.e. Iford Lane, Bailey Bridge, BMH Sea Cadets slipway.

| Declaration: I the under signed have read and understood the above Risk Assessment (RA: 005) |      |      |           |  |  |  |  |
|----------------------------------------------------------------------------------------------|------|------|-----------|--|--|--|--|
| Position                                                                                     | Name | Date | Signature |  |  |  |  |
| CRC President                                                                                |      |      |           |  |  |  |  |
| CRC Chairman                                                                                 |      |      |           |  |  |  |  |
| CRC Treasurer                                                                                |      |      |           |  |  |  |  |

| CRC Secretary |  |  |
|---------------|--|--|
| CRC Captain   |  |  |

Notes: Amendments to be forwarded to the Club Water Safety Advisor